



TEXAS A&M UNIVERSITY
School of Public Health

Applied Practice Experience Description Example

An Applied Practice Experience (APEX) is a structured, hands-on opportunity for public health students to apply their knowledge and skills in a professional setting. We encourage hopeful host organizations to create a document similar the form below to outline your proposed APEX opportunity.

Instructions for Host Organizations:

1. **Provide a clear and detailed description** of the applied practice experience, including the student's role, key tasks, and overall goals.
2. **List at least three deliverables** (e.g., reports, presentations, toolkits) the student will produce as part of their experience.
3. **Ensure alignment with academic requirements** by focusing on applied learning opportunities that contribute to real-world public health initiatives.
4. **Specify any necessary qualifications** (e.g., skills, coursework, certifications) that would help students succeed in the role.
5. **Identify a qualified preceptor** who will provide guidance, mentorship, and evaluation throughout the experience.

If you have any questions about completing this form, please contact the Office of Public Health Practice at publichealthpractice@tamu.edu for assistance. We're happy to help!

Title: Community Health Initiatives Intern

Posting date: 3/1/2025

Opportunity date range: Summer 2025, Fall 2025, Spring 2026

Hosting organization: WellSpring Wellness Solutions

Location: WellSpring Wellness HQ – 100 Well St. Bryan, TX 77803

Preceptor: Paul Preceptor

Email address: paulpreceptor@wellspring.com

Phone number: 123-456-7890

Hours: 20-25 hours per week

Description: The public health intern will work with the Community Health Initiatives Department at WellSpring Wellness Solutions, a nonprofit organization focused on promoting health education

and preventive care. The student will assist in planning and implementing a Healthy Workplace Initiative designed to support small businesses in integrating wellness programs for employees. The student will conduct a needs assessment, develop educational materials, and facilitate a pilot program with a selected business partner. The student will also analyze program feedback and provide recommendations for future implementation.

Expectations:

- Conduct a workplace wellness needs assessment with a selected business.
- Develop educational materials and resources tailored to workplace wellness.
- Coordinate and facilitate a pilot wellness program, including scheduling and logistics.
- Collect and analyze participant feedback to assess program effectiveness.
- Compile a final report with recommendations for scaling the initiative.

Planned Products:

- Workplace wellness needs assessment report
- Educational materials for employees and employers
- Program facilitation plan and implementation summary
- Participant feedback analysis report
- Final recommendations report for future program expansion